



55+LIFE

We don't PLACE, we CONNECT Seniors!

ASSISTE LIVING TOUR CHECK LIST

This checklist will be helpful when touring senior living communities to compare options and find the best fit for your loved one.

Care and Health Services

What activities of daily living (ADLs) do you assist with?

Is a licensed nurse available 24/7?

Do you offer medication management?

Are physical, occupational, or speech therapy services available?

Do physicians or nurse practitioners visit the community? How do you coordinate with outside healthcare providers?

Staffing

What is the staff-to-resident ratio during the day? What is the staff-to-resident ratio overnight?

Are caregivers certified or specially trained?

Do staff receive ongoing training or continuing education?

Living Accommodations

Are there private rooms, shared rooms, or apartments?

Can residents bring their own furniture?

Are pets allowed?

Are laundry and housekeeping services included? Can rooms be decorated or personalized?

Meals and Dining

Are meals prepared on-site?

Can dietary needs or preferences be accommodated?

Are snacks available throughout the day? Can residents choose meals from a menu?

Community and Activities

Can I see the monthly activity calendar?

Are there exercise classes or wellness programs? Are there social outings or transportation services?

Are activities accessible for residents with mobility or hearing challenges?

Costs and Contracts

What is the monthly base rate?

What services are included in the monthly cost? What services cost extra?

What events trigger care level price increases?

Does the community accept long-term care insurance or Medicaid?

Safety and Emergency Procedures

How are medical emergencies handled?

How quickly do staff respond to resident call systems?

What happens if a resident develops memory loss or dementia?

Where WANTS and NEEDS are the SOLUTION!

www.fiftyfivepluslife.com